

A BESPOKE, SPECIALIST DELIVERED SERVICE FOR YOU

REJUVENATION & RESTORATION

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DAN SALEH

PLASTIC SURGERY

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UK SPECIALIST PLASTIC SURGERY REGISTER (BOARD CERTIFIED)



# Our Ethos

Dan Saleh is a consultant plastic surgeon with 16 years experience and is a recognised expert by his peers nationally and internationally. He is co-directors of the London facelift course and is a frequent invited speaker in facial and body surgery. We focus on consultant delivery of care from the start to finish of your clinical journey. We have no interest in 'upselling' you to additional treatments, we focus on what you specify, and you will never meet or hear from a patient advisor – your point of clinical contact is Dan, who is available for you and your needs.



We pride ourselves on our first-class service, we are open, honest and you will have an open channel throughout your treatment journey. Some patients ask 'how many appointments do I have after surgery...' – the answer simply is as many as you want and need. There is no standard formula for your care, you are an individual with your specific needs, that we respect. Our reviews are testament to our ethics and values, and we factor in lifestyle advice and treatments to aid your healing journey for optimal results long-term.

We do use social media, but you'll only see some indicative before and afters – at the consult we match your anatomy and shapes to particular previous patients that have similar issues to you – so the before and afters are then meaningful for you.

Our clinic is based in Newcastle-upon-Tyne, and our ethos fits with our spectacular city and its coastal and national park surrounds. We are honoured to serve the North of England and our 'out of towners' experience the very best hospitality with our partner hotels. We are easily accessed via rail, the A1 and our local international airport at Newcastle. Concierge collection can be arranged for transfer to the hospital and clinic.

# Our Process



## **The consult**

We will listen to your specific needs, examine you and propose treatment if appropriate, and show you before and afters of patients similar to you

## **Information**

After the consult you'll receive a letter and info booklet as a recap of the discussion and we see you for a second consult (At least) to answer your questions and revisit the treatment plan

## **Preparation for treatment**

We work closely with nutritionists, specialist doctors in menopause/hormone treatment and therapists dedicated to optimising your body for surgery. We will make simple recommendations to you, (if needed) for example, enhancing protein in your diet pre surgery. We will prime you to have the best recovery.

## **Aftercare**

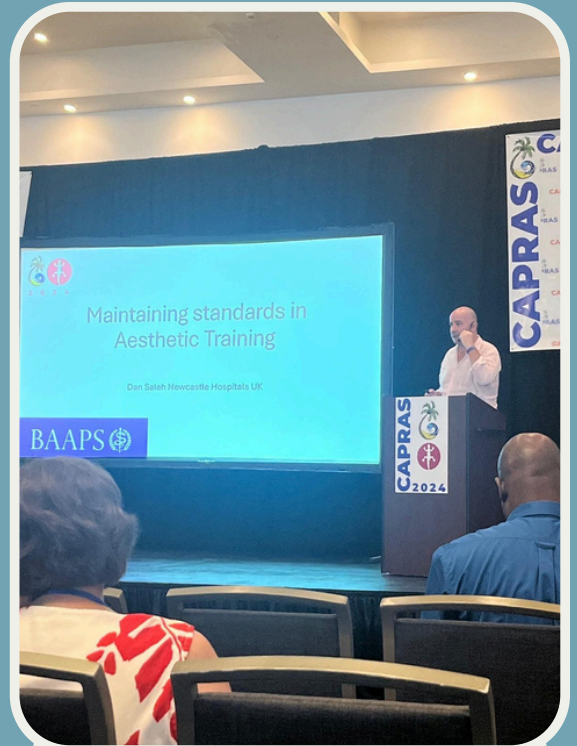
We will provide very specific instructions and detail for the optimal way to recover, and Dan and the nursing team will be there every step of the way for you to ensure optimal healing. This can include things like oxygen therapy, immune boosting supplements all natural and sustainably sourced.

# Deep Plane Face & Neck Lift

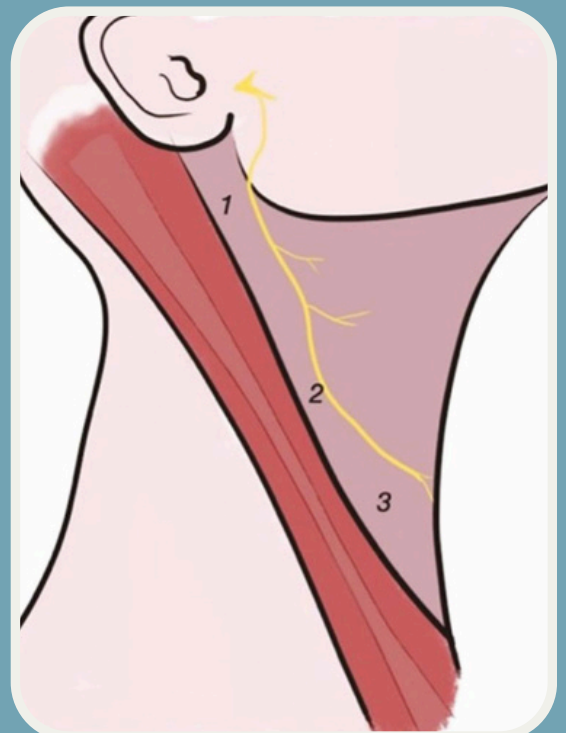
Face and neck lifting Patients increasing are drifting away from fillers and threads and are looking for more longevity. As a dedicated face and neck lift expert we have a team dedicated to your journey in having major facial rejuvenation surgery. Our focus on surgical rejuvenation of the face and neck is what is called 'Deep plane' face and neck lifting.

This is definitely a buzz word/term these days in facial aesthetic surgery, but in reality has been around a long time, and modified along the way. Dan is a recognised researcher in face and neck lift anatomy - having undertaken anatomic research to optimise outcomes, and he is lucky to be invited worldwide to share his clinical experience of many years focussing on this procedure and refining it along the way. This procedure is often combined with neck reduction for patients with heavy and full necks and loss of jawline and neck contours.

These treatments are combined in ways that are tailored to what you are focussed on. At your consult there is a detailed assessment, and you will get opportunity to see plenty of before and afters of patients with your form of anatomy so you can see a realistic outcome of this procedure. Your skin, facial muscles, and anatomy will be examined and a bespoke plan of treatment for your target issue discussed. We also treat many patients dissatisfied with previous face lift treatment.



TEACHING THE NEXT GENERATION





Dan is a recognised facial aesthetic surgery expert. He is a regular invited speaker in national and international conferences and has published key techniques in scientific journals. He co-directs the London facelift course and internationally renowned course where surgeons attend from across the world to hone their techniques.

**Dan's focus is on deep plane techniques for the face and neck, and deep neck reduction for longevity, depending on your anatomy and wishes.**



**CO-DIRECTOR LONDON FACE COURSE**

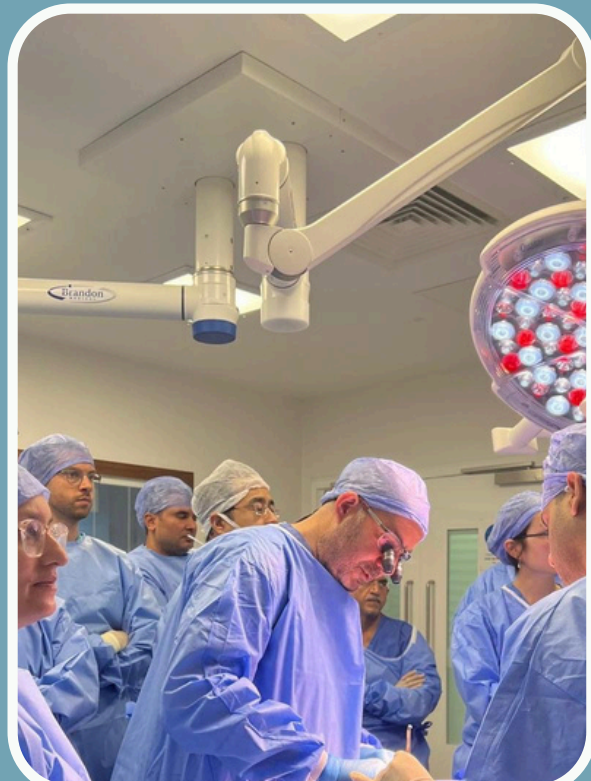
## **Eyelids/Brow Eyelids**

**Eyebags and Blepharoplasty...**

The upper and lower eyelids form 'peaks and troughs', which create shadows. This combined with natural ageing and the loose skin that easily develops (because the skin is always moving around our eyes) eyebags become common in later life. We use advanced techniques to restore volume and shape to the upper eyelid with removal of excess heavy skin to 're-open' up the eyes for freshness. The lower eyebag can often be the main area of dissatisfaction, and is very delicate. We advise on the best method to restore the natural contours of the lower eyelid and often use an internal scar (inside the eyelid – so called transconjunctival blepharoplasty), to avoid external scars.

## **Browlift**

Browlifting addresses drooping brows that make us look sad and tired. There are many procedures that lift the brow, and we tailor your exact needs to the least invasive, but longest lasting procedure for your particular issue. The brow can be lifted using small cuts in the scalp, hidden scars in the hairline in the temple, or even through the same cut as when you have an upper eye bag (blepharoplasty) procedure. We can combine non surgical treatments with surgical brow treatments too.



**TUTORING COLLEAGUES**

# WHAT OUR PATIENTS SAY

2024

Outstanding  
Patient experience



*"From the moment I met Dan I knew he was the right person for my face/neck lift he is brilliant. He explained everything and put me totally at ease the day of my operation. Amy his secretary is brilliant and the staff at Team Valley hospital were excellent too. I would definitely recommend Dan and his team (and have done already), would not hesitate to use him again in the future."*

*"From our first meeting I knew I was being listened to, Mr Saleh assessment my request and discussed what he, in his professional opinion would be appropriate and achievable for me. It was a very personalised discussion. Superb"*

*"Im a nervous patient and think things through very much before taking any decisions. Dan recognised this without saying anything, he was very patient with me. Answered all my questions that I had written down. He was very calming and naturally put me at ease with his kind manner. He is very thorough, caring and confident in his explanations, and gives you space to allow time for more questions if needed. Has a great sense of humour and pays attention to each individual needs with the upmost respect. I am very pleased with my results and was excited for Dan to see the smile on my face."*



## Get In Touch



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<https://www.doctify.com/uk/specialist/mr-daniel-saleh-1>